



Faith in
Families

SWANSEA

IMPACT REPORT

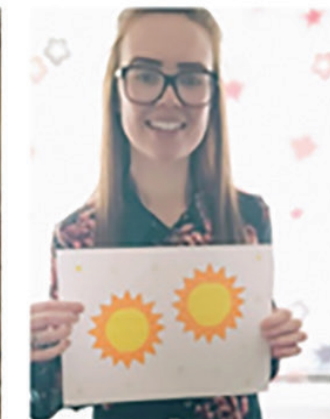
2019-2020

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Our impact in Swansea in

2019 -2020

This year has ended very differently for all of us. However we must not lose sight of the magic moments that have happened across our projects during the eleven months before the pandemic. The connections and relationships that underpin our work enabled us to be creative and reach out to families. During this year our “Brighter futures” and “Shaping futures” projects have had a tremendous impact and have enabled our core services to be even stronger and far reaching, our volunteering hours have increased by **616%** which is a real celebration. Despite the pandemic halting our services mid-March we had a **63%** increase in new connections in our communities meeting **1119** new children and **204** new adults complementing the support that we give to hundreds of families that are already part of what we do. We were able to deliver **1452** different services which is a **7%** rise on the previous year. Despite restrictions we facilitated **147** play-scheme sessions and **327** after-school club sessions that reached over **300** children. **During this year we providing over 6983 hours of services in our Swansea projects thanks to our fabulous teams, volunteers, funders and partners.**



Teilos Community Cwtch

Parent and Toddler Groups

39 Parent and Toddler sessions – 602 attendees, **47** families **55** adults and **38** children

'You let me use the phone, such a simple thing. By using the phone I sorted my gas and my family had a warm house and I was able to cook tea. There would have been no other way this would happen if you hadn't helped'

Afterschool club

96 Afterschool club sessions – **859** attendees, 104 children.

'I like playing football with my new friends. I like having nice snack to eat and milk to drink'

Playscheme

48 school holiday Playscheme sessions – **997** attendees, **127** children.

This year Teilos Community Cwtch made 441 connections with families in the community, supporting 235 new children and 91 new adults. We provided 3119 hours of direct delivery in over 570 sessions

'Play scheme helps us to have a better school holiday - we get a break from each other and the kids get to play with their friends, run off some steam and have fun. I get some peace and quiet which is lovely'

Breakfast clubs

24 Breakfast club – **682** attendees,

46 families, **83** adults and **89** children.

'Breakfast club keeps us in routine during the holidays. We get to meet up with our friends, fill our bellies and are set for the day.'

Loving lunch club

30 Lunch club sessions – **739** attendees, **59** families, **80** adults and **98** children.

'Loving lunch club is a great place to go, I get to meet people living by me (some have become lovely friends) my little girls gets to do fun things, sing songs and play with other kids and the girls feed us - all for £2!'

Community Café

32 sessions – **82** attendees, **8** families **42** adults and **19** children
'The cafe brings me

joy. I sat and listen to the hustle and bustle and get a home cooked yummy meal to eat. I love talking to people it is one of the highlights of my week'

Teilos Tots Day care

243 sessions – **2186** attendees and **64** children

'Teilos Tots is amazing! I love how the staff care for my child, they always are positive and do lovely things with them. Nothing is too much trouble and they always have time to chat to me and give me advice on any worries I have'

Adult courses

58 sessions with **142** attendees and **46** different adults.

'I now cook a meal I don't pick a frozen one up from the shop! Threw it all in a pot and away we go. I have loved the cooking class and am proud of the changes I have made for my family'



This year Bonymaen Community Cwtch made 327 new connections within families in the community, supporting 535 new children and 191 new adults. We provided over 1044 hours of direct delivery in over 516 sessions.



Bonymaen Community Cwtch

Parent and Toddler Groups

151 Parent and Toddler sessions – 2135 attendees, 157 families 164 adults and 265 children

Afterschool club

125 Afterschool club sessions – 1500 attendees, 60 Families 95 children.

Playscheme

36 school holiday Playscheme sessions – 333 attendees, 67 families 74 children.

Healthy Options (Breakfast, lunch & Tea)

36 sessions – 478 attendees, 26 families, 27 adults and 56 children.

Little Tots Playgroup

144 sessions – 2135 attendees, 42 children

Adult courses

24 sessions with 144 attendees and 16 different adults.

Clase Community Cwtch



Parent and Toddler Groups

49 Parent and Toddler sessions – 254 attendees, 37 families 40 adults and 53 children

Afterschool club

106 Afterschool club sessions – 1579 attendees, 44 families 64 children.

Playscheme

63 school holiday Playscheme sessions – 538 attendees, 67 families 107 children.

Healthy Options (Breakfast, lunch & Tea)

28 sessions – 137 attendees, 25 families, 27 adults and 39 children.

Toddler Tots Playgroup

57 sessions – 353 attendees, 37 children

Little Tots Playgroup

145 sessions – 1173 attendees, 49 children

Adult courses

24 sessions with 120 attendees and 18 different adults.

This year Clase Community Cwtch made 257 new connections within families in the community, supporting 349 new children and 76 new adults. We provided over 1029 hours of direct delivery in over 472 sessions.

Shaping Futures Project

Starting in April 2019 funded through WCVA we began recruiting, training and developing over 34 fabulous new volunteers to support our Swansea projects. Our volunteers, from diverse backgrounds and experience, have all gained skills and confidence.

Training completed over the course of the year:

- 6 x Introduction to Safeguarding (level 1)
- 6 x Advanced Safeguarding (level 2)
- 9 x Autism Awareness
- 5 x Paediatric First Aid
- 3 x Workplace First Aid
- 8 x Food hygiene
- 12 x ADHD Awareness
- 6 x Child mental health
- 6 x Challenging behaviour
- 8 x Dyslexia Awareness
- 4 x Resilience
- 3 x Child Sexual Exploitation awareness
- 1 x Preventing Radicalisation and Extremism (PREVENT)
- 6 x Nutrition for children
- 1 x Internet Safety
- 1 x Positive Psychology
- 1 x Dementia Awareness

1891 volunteer hours given included Parent and Toddler groups, Playgroups, After School Clubs, Playscheme, Loving Lunch, arts and crafts, cooking together and our Golden Oldies coffee morning.



East side Family Support Project

Between April 2019 and February 2020 53 families were given 1 - 2-1 bespoke support and guidance.

We facilitated 17 parenting groups with 64 attendees underpinning confidence and self-esteem with 17 different families. We ran 28 adult learning sessions - 129 attendees and 23 adults.

*"I really feel part of the team here."
"I am very grateful to have all of these training opportunities."
"It's only my second session, and I already feel so part of things, it's wonderful, thank you."
"I am so grateful for the training*

*opportunities, I've been so lucky to get involved with you. I've volunteered in schools before, and never really felt appreciated or valued, thank you."
"I've now got the confidence to look at other opportunities, I'm not scared anymore."*

Many of our volunteers have a clearer idea of what they want in life and how to get there, as a result of their experiences with us. This is in addition to feeling more connected to their local community and enhancing our teams' success.



Brighter Futures Project

In our first year we have engaged with **108** families and supported **129** children intensely.

We have provided **1456** hours of direct support that has been added to by **864** hours of in-direct support.

24 children have completed drawing and talking therapy, **19** relationship based play, **42** emotional literacy and **74** self-esteem and confidence building.

Complementing our children's work we have given parental guidance to **46** adults that enables a more powerful impact on each family's circumstance.

During an end of year evaluation 94% of children stated they could now talk about their worries where as they could not before, 89 % said they could calm themselves down if they got anxious and 90% said they could now control their temper.

"The families that have directly been affected by working with the project have nothing but praise for it and this extends to all of the professionals that I work with. Families are seeing huge changes in children's behaviour, their own responses, children's mental health and confidence and they feel empowered by the knowledge they gain. I honestly cannot praise the service enough and feel that without it the families would be getting a disservice due to the constraints within Child and Family services" Family facilitator
Parent of 11 year old boy "I'm so grateful for all the support, not just for my son but for myself too. It's nice to think that someone is listening to me and my son definitely feels more confident"

Parent of 7 Year old boy "My son is much more expressive when talking about his Father and we have been able to make plans to celebrate his life at Christmas time together as a family this year"

In summary...

We have delivered 1452 different early intervention services

Preschool/Parent & Toddler, Playgroup, Childcare

We have delivered **828** sessions to **8734** attendees supporting **443** families and **548** children which is over **3591** hours of fun, learning and socialising.

Holiday playscheme

We have delivered **147** sessions to **1868** attendees supporting **308** children which is over **294** hours of games, giggles and getting crafty.

Afterschool club sessions

We have delivered **327** sessions

to **3938** attendees supporting **263** children which is over **654** hours of laughter and friendship in a safe place.

Healthy living and eating services

We have delivered **150** sessions to **2718** attendees supporting **164** families, **254** adults and **301** children which is **553** hours of nutrient learning and development.

We have supported **34** new volunteers through **92** courses delivering **1891** volunteering hours.

We have made **1025** new connections this year with **1119** children and **204** new adults providing over **6983** hours of services.

"I have always felt great privilege to lead this fantastic charity however during this year we have not only demonstrated agility and adaptability but we have grown to serve our communities and shown that we have been ready to do our bit despite the challenges. It has not been a smooth end to the year, the bumps along the road have caused a lot of motion sickness as we have responded to the needs of those that were vulnerable before the word Covid was a household phrase. We continue to strive to reduce inequalities at a time that they are now increasing. As we look back on the year we are thinking about the future and putting measures in place to protect our beneficiaries and staff, reimagining what Faith in Families role is in the communities that we strive to inspire, to believe and succeed in themselves and each other"

Cherrie Bija, CEO

Since the Pandemic began Faith in Families has provided:

- Support to 56 families in crisis and 75 children from 61 different families
- **496** food parcels
- **1,043** check-in phone calls
- **23** toys, iPads or other equipment
- **104** online activities
- **104** online stories
- **47** online songs
- **52** online cookery sessions
- **716** activity packs

Teilos Tots reopened on – 29th June 2020 and until 1st September provided

- **465.5** hours of childcare, with 419 attendees to 35 children

Teilos Cwtch reopened on 20th July and until 1st September achieved –

- **55** summers sessions with over **209** attendees, which included **33** families and 44 individual children. Bonymaen Cwtch reopened to the

public on 27th July and achieved the following

- **55** Summer Session with over **170** attendees, which included **29** families and 44 individual children.

Clase Cwtch reopened to the public on 27th July an achieved the following –

- **55** Summer Sessions with over **182** attendees, which included **32** families and **47** individual children.

Brighter Futures

- At the start of the pandemic the project was supporting **47** children this increased to **79** families providing over **450** hours of direct intensive work.

With support from Children in Need we delivered **140** care and wellbeing activity packs that were delivered to the community for the start of summer.

A big thank you to all our supporters

